

## Adult Safeguarding Training (Level 1,2 & 3) for Hospice Professionals

### Adult Safeguarding Training level 3 for Hospice Professionals

#### What we do at 2 Hills Consultancy

Training sessions begin with knowledge ensuring participants understand the '6 Key Principles of Adult Safeguarding' and the concept of 'Making Safeguarding Personal'. First covering relevant legislation to ensure a basic level of understanding before progressing into scenario-based learning using a challenging Case Study.

Through these Case Studies we develop key learning focusing adult safeguarding subject areas; including domestic abuse with particular emphasis on coercive control, substance misuse and impact of mental health vulnerability.



We consider the issues so that learning develops from knowledge of relevant legislation and policies into an understanding of how to apply that knowledge to a given series of events and resolve whatever issues are faced. Particular emphasis is given to information sharing.

Whilst our training packages may already cover your key themes, we can modify sessions to ensure the aim and objectives fully satisfy your needs. We specialise in writing training based on key learning and agency action plans to ensure your learning is bespoke to your agency. This is a cost-effective way of ensuring your key learning outcomes are met.

#### Examples of objectives from Safeguarding Level 3

By the end of the session participants will be able to:

1. Explain the six key principles of adult safeguarding (Empowerment, prevention, proportionality, protection, partnership, accountability)
2. Explain legislation relevant to adult safeguarding. (The Care Act 2014, The Mental Capacity Act 2005)
3. Identify safeguarding risks and managing those risks in a way that empowers vulnerable adults.
4. Understand when and how to make a safeguarding referral and the process of investigation and formulating safeguarding plans.
5. Understand the need for consent in every aspect of both the care and safeguarding of vulnerable adults.
6. Recognise when capacity assessments are necessary, and how they are carried out.
7. Identify when Deprivation of Liberty Safeguards (DoLS) may be required in a hospice setting.
8. Understand the importance of maintaining accurate records.

Introducing The Rose Family




10, Norseman Way,  
Codsall, Wolverhampton

Lillian Rose (73)  
Malcolm Rose (76)

15

This case study is centred around the Rose Family. Grandparents Lillian and Malcolm, who are retired and in their seventies. They live with their grandchildren Caitlin (18) and Mia (16).

Lillian is in poor health having had a stroke some years before and as the case study develops starts to experience memory loss issues and the possibility that she may have the onset of dementia.

Later she is diagnosed with bowel cancer and has surgery that results in formation of a stoma and colostomy bag. Sadly, she develops secondary cancer which can only be treated palliatively.

The scenario involves the working together of Health professionals from the GP Surgery, hospital and St Dunston's Hospice and looks at how information about the family is managed both within each organisation and collectively.

As staff visit and meet with Lillian it becomes apparent that she may be experiencing coercive control at the hands of Malcolm and is generally struggling to cope.

The storyline considers when an adult safeguarding referral would be appropriate and also considers potential child safeguarding issues from a 'Think Family' perspective. It also considers when a Capacity Assessment and request for a Deprivation of Liberty Safeguard may be relevant.

Early concerns about Malcolm's ability to provide adequate care- June 2017



Lillian's Stoma nurse  
Lynn Reid

"I have been visiting Lillian recently to help her with her stoma after the hospital raised concerns about her ability to care for herself. She has been suffering due to infections and soreness and significant gastro intestinal problems after her surgery and the district nurses are calling round.

Mr. Rose was quite unhelpful, calling her 'filthy' and a 'disgrace', because she often has accidents with her colostomy bag. It seems he is unwilling to tend her and expects Lillian to cope. She is proud and doesn't like involving her husband or granddaughters in her care."

I suggested the district nurse call by but Mrs. Rose said they were fine and it wasn't necessary."

23

Conversation between Lillian & St Dunston's HCA Marie Johnson.




"My memory is all over the place but I know what's what, and I'm sick of feeling anxious to breathe. Mia is a godsend, without her I don't know what would happen. She does so much to help."

32

## About 2 Hills Consultancy



**Simon Hill** is an independent reviewer and Safeguarding trainer. He has been the Chair and Overview report writer for numerous DHRs and SARs in the region. He has delivered IMR report writing training and safeguard training for Birmingham Community Safety Partnership (CSP) and for several CCGs, as well as Birmingham LSCB, Safer Sandwell Partnership, Safer Wolverhampton Partnership. For four years he managed the review Team at West Midlands Police, overseeing all the IMRs the service contributed to SCRs and DHRs in that period. He was a child protection investigator, managing a Public Protection team in central Birmingham. He has a training qualification from the National Police Training College and was a police trainer.

**Sonya Hill MBE** has a Certificate of Adult Education in addition to training and Assessor qualifications from the National Police Training College. She was a CID and uniform police trainer and developed training packages for the police service. She worked in both Child Protection and Domestic Violence units. She developed a partnership between The Prince's Trust and west Midlands Police working with hard to reach young people and adults, receiving an MBE in 2014 for Services to those people. Together with Simon she has written and delivered both adult and child safeguarding training to Safeguarding Adult and Children's boards and hospices.

More recently Simon and Sonya have delivered training regarding The Mental Capacity Act 2005 and Deprivation of Liberty Safeguards 2009. This training was delivered in both hospices and Hospital Trusts.

### Comments from our training

*"Really good to work through a scenario, really helped learning"*

*"Thought provoking, practical training"*

*"Really useful on information sharing"*

### Who we have worked with

We have worked at a hospice in the West Midlands delivering this training which was really well received.

The training was to managers and at Board of Trustees level.

## Our Training

We have courses that can be adapted or combined to maximise learning. Our case studies have covered:

- Families on the 'edge of care': early help challenges.
- Understanding Coercive Control in domestic abuse and its impact on the victim and the responses of professionals.
- Domestic Abuse and Adult Safeguarding after the Care Act.
- Adolescent to Parent Violence and Abuse.
- Child Sexual Exploitation.
- Early Years: Safeguarding challenges for nurseries and creches.
- Premature babies & children in their first year: Safeguarding Learning from SCRs for Health & Perinatal services, Social Care & Police.
- Safeguarding Learning from SCRs for Social care, Police and third sector agencies:
  - Children living with Neglect
  - Children living in Poverty
  - Children living with parents with substance misuse
  - Children living with parents with mental health issues
  - Adolescent mental health
  - Children living with asthma
- The Mental Capacity Act 2005 & Deprivation of Liberty Safeguards 2009.

We also provide one- day training on developing skills in Individual Management Reviews (IMR) writing for professionals from any agency.

To discuss the training of existing or the writing of additional packages, to best suit your agencies developmental themes, we can be contacted on:

**Simon Hill: 07944 003944**  
**Sonya Hill: 07984 463759**  
**E mail: [2hillsconsultancy@gmail.com](mailto:2hillsconsultancy@gmail.com)**  
**Website: [www.2hillsconsultancy.co.uk](http://www.2hillsconsultancy.co.uk)**